Girl Teens Heal Rape & Incest Victoriously Emerge

Girlthrive and Invisible Girls helps girls heal, move on with their lives with power and agency ending the cycle of abuse.

"I was given a pile of shit and garbage, and I grew a patch of daisies." In its third book endir and fear ar spirit of gir FOUNDER Dr. Patti Fe change the

— a 20-year-old incest surviver

Girlthrive Inc. is a 501 C3 non profit organization 100% volunteer based All donations go directly to the girls All donations are 100% tax deductible

www.invisiblegirlsthrive.com

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INVISIBLE GIRLS

SPEAKING THE TRUTH ABOUT SEXUAL ABUSE
By Dr. Patti Feuereisen



1st Edition, 2005

2nd Edition, 2009

3rd Edition, 2018

In its third edition, Invisible Girls is the groundbreaking book ending the silence, releasing the shame, guilt and fear and beginning the healing of the collective spirit of girls everywhere.

FOUNDER AND DIRECTOR

Dr. Patti Feuereisen is driven to change the culture of sexual abuse. A psychologist in private practice in Brooklyn, NY, she has been helping girls find their voices and heal from sexual abuse for over thirty years. "Dr. Patti" has developed training programs for clinical staffs, speaks on radio and the web, conducts workshops for girls and young women all over the country, consults with courts and schools while continuing her probono work with Girlthrive Inc.

CLINICAL ADVISORY BOARD

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Girlthrive Inc.

• Girl • Teens • Heal • Rape • Incest • Victoriously • Emerge •

The only non profit organization specifically honoring teen girls and young women who have survived incest and all sex abuse through thriverships!

INVISIBLEGIRLSTHRIVE.COM

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girls will be sexually abused before her 17th birthday.

These girls are our nieces, neighbors, girls on the soccer team, the debate club, girls working in the boutique down the street. These are young women bound for college or full time jobs. These are girls living in marginal neighborhoods, girls living in upper middle class neighborhoods. These are our girls from rural communities to urban communities. These are invisible girls until they reach out and tell their truths.

Incest and all sex abuse knows no color, class or nationality. Over 90% of sex abuse happens within families and with trusted friends or relatives. Incest survivors are often financially dependent on their abusers, and the incest continues.

Without the support of her mother, or other relatives she often has no-one to go to for help. She has kept her secret and by the time a girl discloses her sexual abuse she already feels alone, isolated, confused and frightened. An incest survivor with no emotional support may be compelled to run away and she may be sexually exploited again through prostitution and/or exotic dancing. She may turn to drugs, become depressed and/or suicidal, she is at high risk for rape. A girl who is sexually abused by her father, stepfather, brother, uncle believes the abuse is somehow her fault. These wonderful girls have not been safe, physically or emotionally.

JOIN OUR MISSION TO BRING AWARENESS AND END INCEST AND ALL SEXUAL ABUSE AND HELP GIRLS THRIVE.

Girlthrive changes girls lives by giving them the hope, understanding, respect and love they so deserve!



EMPOWERS

Girlthrive honors girls who have survived incest by awarding them with thriverships ranging from \$300-500 to pursue creative endeavors. Girls have received thriverships to pursue dance, drama, yoga, glass blowing, horseback riding, massage therapy to name a few girls have received thriverships to help pay for college tuition, moving costs, academic books, workshops, nursing school, medical school, application fees. Each year Girlthrive awards an average of 10-12 thiverships!

ADVOCATES

Girlthrive gets the book Invisible Girls into the hands of the girls and professionals that need it by donating copies to foster care agencies, prisons, hospitals, courts, rape crisis centers, group homes and individual girls who reach out to Dr. Patti.

PROVIDES COMMUNITY

Girlthrive maintains the website www.invisiblegirlsthrive.com providing information and a forum of support for incest survivors as well as a place to reach out personally to Dr. Patti.

Girlthrive Inc. helps girls break away from their abusers - heal and thrive.

"After being raped for 7 years by my stepfather I did not feel I had a way out. Girlthrive Inc. saved my life. I just graduated Nursing School."

— a 21-year-old from Pennsylvania

"I finally realized the rape wasn't my fault. The first time I told anyone was on the Girlthrive Blog. Girlthrive gave me back my life."

— a 15-year-old from Minnesota

"After I reported my father for molesting me, my family turned against me. I didn't even have money for food. My Girlthrive Scholarship helped me stay in school."

— a 19-year-old from New Mexico

"I use *Invisible Girls* as my Bible. I'm not just saying this. I honestly don't know where I would be if I hadn't discovered Girlthrive, *Invisible Girls* and Dr. Patti."

— an 18-year-old from Hawaii

GIRLTHRIVE INC. PHOTO PROJECT: INVISIBLE GIRLS BECOME VISIBLE

All of these beautiful, vibrant girls in this Girlthrive Inc. brochure are sexual abuse survivors. They donate their photos to become visible because they are proud of themselves and what they have overcome.

